



## 14<sup>TH</sup> CONGRESS OF THE INTERNATIONAL SOCIETY OF NUTRIGENETICS AND NUTRIGENOMICS SEPTEMBER 26 -28, 2021

Considering the development of the COVID-19 pandemic around the globe, it has been decided to organise the ISNN 2021 Congress on **SEPTEMBER 26-28** as a virtual conference.

Visit [ISNN2021.org](https://ISNN2021.org) for latest congress information, registration, abstract and poster submissions.

The 2021 ISNN Congress will focus on cutting edge research on human metabolism and on the interaction of the human genome with the metabolome, on human chemosensing and its interactions with the genome, and on the nutrigenetics of salt sensitivity.

Numerous nationally and internationally acclaimed speakers will present. We expect attendance of nutrition researchers, clinicians, dietitians and other health care professionals and researchers from the region and from around the world. These are the leaders in the development and practice of advanced nutrition solutions.

We welcome you to exciting discussions in the ever more relevant areas of nutrigenetics, nutrigenomics, metabolome, and precision nutrition. We look forward to a great ISNN 2021 Virtual Congress!

**Martin Kohlmeier, MD PhD**  
ISNN President

### ISNN 2021 PROGRAM COMMITTEE

Martin Kohlmeier Louis Pérusse Alfredo Martinez  
Mihai Niculescu Nicoleta Andreescu

### ISNN 2021 SCIENTIFIC COMMITTEE

Martin Kohlmeier; Louis Pérusse; Alfredo Martínez Hernández;  
Mihai Niculescu; Luis Saraiva; Adela Chirita; Susan Sumner;  
Guy Vergères; Emma Beckett; Donato Angelino;  
Maria Puiu; Nicoleta Andreescu



UNIVERSITATEA  
DE MEDICINĂ ȘI FARMACIE  
VICTOR BABEȘ | TIMIȘOARA

# Sunday, September 26<sup>th</sup>

OPENING OF THE 2021 CONGRESS OF THE INTERNATIONAL SOCIETY OF  
NUTRIGENETICS/NUTRIGENOMICS .....16.00 EEST

## Session 1 chaired by **Alfredo Martinez**.....16.20-17.20 EEST

- State of ISNN, Martin Kohlmeier
- ISNN Foundation Lecture, Artemis Simopoulos

Intermission

## Session 2 chaired by **Louis Pérusse**.....17.25-19.25 EEST

- TBD, *Rosita Gabianelli*
- Genome-Wide Association Studies of Food Preferences, *Hisanori Kato*
- Exercise genomics, *Louis Pérusse*

Intermission

## Session 3 chaired by **Martin Kohlmeier**.....19.30-20.20 EEST

Mission of the Workgroups, *Martin Kohlmeier*  
TBD, *Olivia Dong*

Conclusion of the day

# Monday, September 27<sup>th</sup>

## Session 1 chaired by **Mihai Niculescu**.....16.00-18.10 EEST

- Introduction, *Mihai Niculescu*
- Genetics of food choices, *Agata Chmurzynska*
- TBD, *Adela Chirita-Emandi*
- TBD
- TBD
- Poster competition winner

Intermission

## Session 2 chaired by **Donato Angelino**.....18.15-20.55 EEST

- Introduction, *Donato Angelino*
- Metabolism, cardiometabolic health effects and mechanisms of action of dietary polyphenols: a clear example of personalised nutrition, *Danielle del Rio*
- Polyphenols and microbiota, *Alfredo Martinez*
- TBD, *Dragan Milenkovic*
- TBD
- Poster competition winner

Conclusion of the day

**Session 1** chaired by *TBD* .....**16.00-17.50 EEST**

- Introduction, *TBD*
- TBD, *Susan Sumner*
- Development of personalized nutrition: applications in lactose intolerance diagnosis and management, *Guy Vergere*
- *TBD*
- Poster competition winner

Intermission

**Session 2** chaired by *Luis Saraiva*.....**17.55-19.55 EEST**

- Introduction, *Luis Saraiva*
- Taste testing in educational and clinical practice, *Martin Kohlmeier*
- TBD, *Nanette Steinle*
- TBD
- Poster competition winner

Intermission

**Session 3** chaired by *Raffael De Caterina*.....**20.00-21.00 EEST**

Rationale, *Martin Kohlmeier*

TBD, *Emma Beckett*

The caffeine working group guideline, *Ahmed El-Sohehy*

Next steps and new targets *TBD*

**CLOSING of 2021 Congress and Announcement of ISNN 2022, Louis Perusse**